

## AJS PE and Games Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	<b>Orienteering</b> Outdoor Adventure	<b>Gymnastics</b> Linking movements together	<b>Dance</b>	<b>Striking and fielding</b> Cricket	<b>Athletics</b> Track + Field	<b>Striking and fielding</b> Rounders
	<b>Net and wall Games</b> Tennis	<b>Invasion Games</b> Basketball	<b>Invasion Games</b> Hockey	<b>Net and wall games</b> Dodgeball	<b>Invasion Games</b> Tag Rugby	<b>Invasion Games</b> Football
Year 4	<b>Orienteering</b> Outdoor Adventure	<b>Gymnastics</b> partner work pushing and pulling	<b>Dance</b> Space	<b>Striking and fielding</b> Cricket	<b>Athletics</b> Track + Field	<b>Striking and fielding</b> Rounders
	<b>Net and wall games</b> Tennis	<b>Invasion Games</b> Basketball	<b>Invasion Games</b> Hockey	<b>Net and wall games</b> Dodgeball	<b>Invasion Games</b> Tag Rugby	<b>Invasion Games</b> Football
Year 5	<b>Orienteering</b> <b>Outdoor</b> Adventure	<b>Gymnastics</b> matching and mirroring	<b>Dance</b>	<b>Striking and fielding</b> Cricket	<b>Athletics</b> Track + Field	<b>Striking and fielding</b> Rounders
	<b>Net and wall games</b> Tennis	<b>Invasion games</b> Basketball	<b>Invasion Games</b> Hockey	<b>Net and wall games</b> Dodgeball	<b>Invasion Games</b> Tag Rugby	<b>Invasion Games</b> Football
Year 6	<b>Orienteering</b> Outdoor Adventure	<b>Gymnastics</b> Counter balance & counter tension	<b>Dance</b>	<b>Striking and fielding</b> Cricket	<b>Athletics</b> Track + Field	<b>Striking and fielding</b> Rounders
	<b>Net and wall games</b> Tennis	<b>Invasion games</b> Basketball	<b>Invasion Games</b> Hockey	<b>Net and wall games</b> Dodgeball	<b>Invasion Games</b> Tag Rugby	<b>Invasion Games</b> Football