

There is a range of financial support available for families with children.

If you're pregnant or have a child under 4, you [can get Healthy Start vouchers from the NHS](#) to help buy basic foods.

Some [local charities can help with the cost of school uniforms, school trips and other resources](#).

Find out what benefits you can get

[Check what you're entitled to using the benefits and financial support checker](#).

[Find out what benefits you can get if you're a parent or carer, or planning to have or adopt a child](#).

Get help with childcare costs

The government's [Childcare Choices website](#) will tell you what support you can get and how to apply.

You may be also able to [claim back up to 85% of your childcare costs](#) if you're eligible for Universal Credit.

Extra help for eligible families

If you're eligible, you can:

- [sign up to the HAF \(Holiday Activities and Food\) programme](#) - it's free for children and young people aged 5 to 16 who are eligible for benefits-related free school meals
- [apply for free school meals](#)
- [apply for a Crisis and Resilience Fund payment](#) - this can help pay for:
 - heating
 - food
 - clothes
 - nappies
 - other essentials
- find out about [personal budgets and direct payments for children and young people with special educational needs and/or disabilities \(SEND\)](#)

- <https://go.walsall.gov.uk/schools-and-learning/home-school-transport/travel-assistance-primary-school-children>